



# Nicole Reinhart Memorial

## TOUR de FCCC

July 17<sup>th</sup> & 18<sup>th</sup>, 2010

### Lance Armstrong Junior Olympic Race Series

& PCA BAR Series

(USCF Permit # 2010-433)



**Bicycling**



<u>Classes</u>	<u>Prizes (G.C)</u>	<u>Places</u>	<u>Fee*</u> <u>(For 3 Races)</u>	<u>Time Trial</u>	<u>Road Race</u>	<u>Criterium</u>
Jr. Men 10/12	Trophies top 3	All get participation medals	\$35	4.2 miles	8.4 miles (2 laps)	10 miles
Jr. Wm. 10/12	Trophies top 3	All get participation medals	\$35	4.2 miles	8.4 miles (2 laps)	10 miles
Jr. Wm. 13/14	\$140	5	\$35	4.2 miles	12.6 miles (3 laps)	15 miles
Jr. Men 13/14	\$145	5	\$35	4.2 miles	21 miles (5 laps)	15 miles
Jr. Men 15/16	\$190	5	\$35	4.2 miles	29.4 miles (7 laps)	20 miles
Jr. Wm. 15/16	\$180	5	\$35	4.2 miles	21 miles (5 laps)	15 miles
Jr. Wm. 17/18	\$255	5	\$35	4.2 miles	21 miles (5 laps)	15 miles
Jr. Men 17/18	\$270	5	\$35	4.2 miles	29.4 miles (7 laps)	25 miles

\*Fee includes a \$3.00/day insurance surcharge.

Promoter reserves the right to reduce prize money by up to 50% for race fields of less than 10.

Promoter reserves the right to combine fields.

**PRIZES** – Trophies will be presented to the top three GC finishers in each category.  
 LAJORS medals for top three finishers in each category for each stage.  
 Medals to all participants in age category 10-12 who complete all three stages.

**REGISTRATION** – Make checks out to: **LWA Racing Division**.  
 Send USCF Standard Release to (postmarked by July 12<sup>th</sup>, 2010: afterwards add \$10.00 late fee):  
 Peter Tkaczuk, 5478 Acorn Drive, Emmaus, PA 18049

**Or Register On-Line Before Noon On July 15<sup>th</sup> at - <http://www.bikereg.com/races>**  
 (additional on-line sur-charge will be added)



**SATURDAY \*\*Special Note: Same course used since 2005.\*\***

- Registration at Rodale Institute Experimental Farm in Maxatawny, PA opens at 7:00 AM, closes 8:00 AM.
- **Rodale Farm Time Trial** – First rider off at **9:00 AM**. Order of start will be done by classes as they are listed on the flyer starting with 10/12 Men. Race numbers will determine the order, low to high. A start list will be posted at registration one half hour prior to the first rider off.
- **Rodale Farm Road Race** – 13/14 Men & Women start **11:00 AM**. 10/12 Men & Women at 11:02 AM; 17/18 Men at 12:30 PM (approx.); 15/16 Men & Women & 17/18 Women at 12:32 PM (approx.).

**SUNDAY**

- Sign-in opens at 10:00 AM, closes 30 minutes prior to each race.
- **Location:** Bob Rodale Cycling & Fitness Park, Trexlertown, PA.
- **Rodale Criterium** – 15/16 Men & Women & 17/18 Women start **11:00 AM**. 17/18 Men at Noon (approx.); 13/14 Men & Women at 1:00 PM (approx.); 10/12 Men & Women at 1:45 PM (approx.). (categories may be combined depending on the field size).

**DIRECTIONS - to Rodale Farm in Maxatawny, PA:**

Starting from the intersection of the PA turnpike Northeast extension (Route 476) and Route 78. Take Rt 78 West to Exit 45 (New Smithville) and pick up Route 863 South. Follow 863 South for 1/2 mile to a three-way intersection, where you take the middle fork -Siegfriedale Road. Follow Siegfriedale Road for 2 miles to Start/Finish line.

**Mapquest** address is: 611 Siegfriedale Road, Kutztown, PA 19530.

Note there are two Grim Roads coming of Rt 222 in two adjoining townships.

**DIRECTIONS – to Sunday’s Venue** (Rodale Fitness Park in Trexlertown, PA) are located in the Race Bible.

**Gear Restrictions ( 26 feet roll out per one crank revolution ) will be enforced.**  
**(Roughly a 52 x 14 gear combination but distance will be checked).**

For more information & Race Bible please see the WEB site at: <http://www.lehighwheelmen.org>

Information on area attractions can be found at: <http://www.lehighvalleypa.org>

**Sponsoring Club:**  
**Lehigh Wheelmen Association**  
<http://www.lehighwheelmen.org>

**Co-sponsoring Clubs:**  
Team Salamander